 

MOBBERLEY TO TOKYO: 8238 miles

Name………………………………… Class ………………. Month ………………………

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | MON | TUES | WEDS | THURS | FRI | SAT | SUN |
| Exercise I did today: (30 minutes) |  |  |  |  |  |  |  |
| Bonus:Meal I cooked this week |  |
|  | MON | TUES | WEDS | THURS | FRI | SAT | SUN |
| Exercise I did today: (30 minutes) |  |  |  |  |  |  |  |
| Bonus:Meal I cooked this week |  |