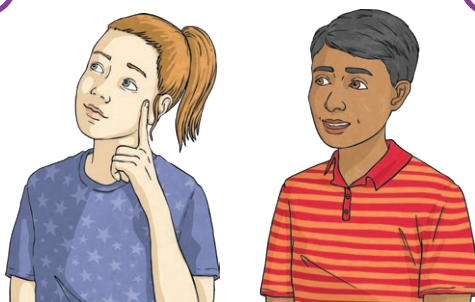


# Risky Relationships

Look at the following relationships and identify whether they show signs of a healthy or an unhealthy relationship.

I got full marks in my maths test this week! I can't believe it, I have never ever got full marks!

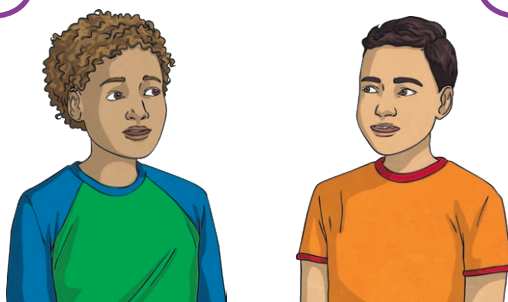
I am so proud of you, that is brilliant. You deserve it too, you have worked so hard on your maths.



Is this relationship showing signs of being healthy or unhealthy?: \_\_\_\_\_

Do you like my new tap shoes? I've saved up for ages for them.

They are horrible. You look really silly in them.

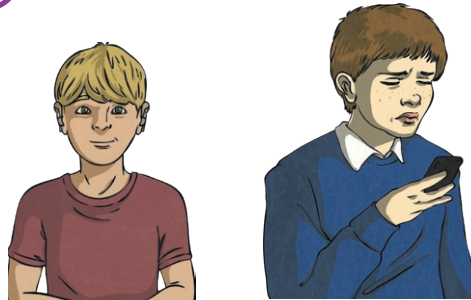


Is this relationship showing signs of being healthy or unhealthy?: \_\_\_\_\_

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).

I am going to rugby on Monday. I am so excited, I love rugby.

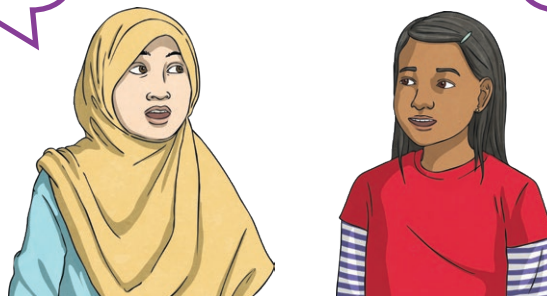
But we don't like sports. We have always said we don't like exercise. I can't believe you have changed.



Is this relationship showing signs of being healthy or unhealthy?: \_\_\_\_\_

I really want to go on the swing. I just can't be bothered to stand and wait for a turn!

Don't worry, I'll go and wait for it and call you when it is free. Can I do anything else for you?



Is this relationship showing signs of being healthy or unhealthy?: \_\_\_\_\_

Strategies to use for regularly checking our own relationships are healthy: